

30 Hour Famine

May 13th – 14th

Fasting: Starts: Friday 12 pm Ends: Saturday 6 pm
Lock-in at OCC: Starts: Friday 7pm* Ends: Saturday 7 pm
(*official activities begin at 7 pm but you can come as early as 4 pm to hang out)

What to Bring:

Consent Form (no form, no admission)
Pledge Envelope
Bible
Journal (optional)
Pen

Toothbrush + Toothpaste
Other hygiene items
Change of clothes
Work gloves (optional)
Board game/cards (optional)

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What to Bring:

Consent Form (no form, no admission)
Pledge Envelope
Bible
Journal (optional)
Pen
Sleeping Bag

Pillow
Toothbrush + Toothpaste
Other hygiene items
Change of clothes
Work gloves (optional)
Board game/cards (optional)